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Simple Cheap Healthy Drying Foods At Home: Section On Potpourri



Synopsis

Drying is a simple and easy way to preserve fresh fruits, vegetables, meats, and herbs. Regardless of whether you're a food drying novice or a seasoned vet, there's something in this book for you. If you are looking for a way to give your family healthier meals, save time and also save lots of money in the process, this is the book for you. Saving money is something that never goes out of style. Take some control over the constant increase in food costs and get rid of additives that have been proven unhealthy? Learn how to safely dehydrate and store the food you grow, catch and buy. Our recipes are easy to read and simple to follow. This ultimate food drying resource has something for everyone: vegetarians, natural and raw food enthusiasts, hunters, fishermen, gourmet cooks, gardeners, farmers, hikers, and even fast food junkies. An extra bonus for this book on drying includes a section on Potpourri. Why not make your own luscious and nature fragrance? Here is information about creating your own potpourri, blending and adding fragrance and presentation of your creation. Many recipes are included. You will truly enjoy this booklet, formatted for your Kindle e-book reader.

Book Information

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